















Walking the Islands...Andros

REF: CYCL Andr CONTENTS LIST rev140528

ref	title	destinations	climb, distance, time	descr	pages
CYC/Andr/ overview	Andros Overview			expanded version of Island page with more detail about the island as a whole	3
CYC/Andr/ 1 info	Further reading & links to other sites			references and web links	1
CYC/Andr/ 2 info	The buildings of Andros			description of buildings, historical context and families of Andros	5
CYC/Andr/ 3 info	The island of Gyaros			brief description of uninhabited islet of Gyaros, "Greece's Alcatraz"	1
CYC/Andr/ 1D	Mesaria Valley Walk clockwise 	Chora, Mesaria, Menites, Lamira, Ipsilou	480m up and down over 11.5 Km, 3½ hours	circular walk around the valley sides using the network of old cobbled streets	3
CYC/Andr/ 1U	Mesaria Valley Walk anticlockwise 	Ipsilou, Lamira, Menites, Mesaria Chora	480m up and down over 11.5 Km, 3½ hours	circular walk around the valley sides using the network of old cobbled streets	4
CYC/Andr/ 2	Batsi Beaches 	Stivari, Aneroussa, Ayia Marina, Alikandro and Kolona beaches	Level walks of up to 3.2Km, up to 1 hour in each direction	Strolls along the coast to the beaches and bays surrounding Batsi	2
CYC/Andr/ 3D	Castle, crags and ravine, Korthi to Chora 	Korthi, Kochilou, Dipotamata Ravine, Castle, Sineti, Chora	600m up and down over 11 Km, 4 hours	Route 3 to Venetian fortress, ruined watermills and Dipotamata Gorge	2
CYC/Andr/ 3U	Castle, crags and ravine, Chora to Korthi 	Chora, Sineti, Dipotamata Ravine, Castle, Kochilou, Korthi	600m up and down over 11 Km, 4 hours	Route 3 to Venetian fortress, ruined watermills and Dipotamata Gorge	2
CYC/Andr/ 4D	Balcony Route above the central valley, Paleopoli to Chora 	Aprovatou, Drasa or Paleopoli, Pitrofos, Strapouries, Mesathouri, Lamira, Ipsilou, Chora	500m up and 830m down over 14.5 Km, 5 hours	valley side route across the island using kalderimia and lowest point of watershed	5

CYC/Andr/ 4U	Balcony Route above the central valley, Chora to Paleopoli 	Chora, Ipsilou, Lamira, Mesathouri, Strapouries, Pitrofos, Aprovatou, Drasa or Paleopoli,	830m up and 500m down over 14.5 Km, 5 ½ hours	valley side route across the island using kalderimia and lowest point of watershed	5
CYC/Andr/ 5	Petros Tower		less than 1Km, few minutes	access and info about Hellenistic tower near Ayios Petros	1
CYC/Andr/ 6D	From the Monastery in the clouds to Chora 	return to Chora from Panachratos monastery via Livadhia or Foros Cave	500m descent over 6.0 Km 2 hours	return from monastery optional detour to Foros cave and Aladinou	3
CYC/Andr/ 6U	The Monastery in the clouds 	Chora, Messaria, Koumani, Haunted Bridge, Panachratos	500m climb over 7.5 Km 3 ½ hours	climb to monastery via haunted bridge	4
CYC/Andr/ 7	The Island's Ancient Capital		100 m descent over 2 Km 30 minutes each way	from Stavropetra to ruins and sea views	2
CYC/Andr/ 8	The Old Woman's Leap	Korthi and Kalamonari Bay	2Km, 30mins	short coastal walk to popular bay and rock stack	1
CYC/Andr/ 9	Hill Towns and a Hidden Convent 	Chora, Strapouries, Mesathouri, Lamira, Chora	460m up and down over 8Km 3½ hours	circular walk to convent and back through hill towns	3
CYC/Andr/ 10	The lost city of Paleopoli	Paleopoli village and beach	220m descent over 1.5 Km, no water, 30minutes each way	from Paleopoli museum through settlement to shoreline ruins	2
CYC/Andr/ 11D	Traverse via summit ridge, Aprovatou to Chora 	Aprovatou-Paleopoli/Batsi - Ayia Saranda - Kouvara summit (Prof Ilias & Panaghia)-Vourkoti-Apikia- Stavros-(Aghia Marina Mon)- Chora	900 m climb and 1200m descent in total, 21½ Km, at least 12 hours	From the west coast by summit ridge then kalderimi through hill towns and ridge crossing to Chora	4
CYC/Andr/ 11U	Traverse via summit ridge, Chora to Aprovatou 	(Chora)-Stavros-(Aghia Marina Mon)-Apikia-Vourkoti-Kouvara summit (Prof Ilias & Panaghia) - Ayia Saranda-Aprovatou- Paleopoli/Batsi	1200 m climb and 900m descent in total, 21½ Km, at least 13 hours	From Chora up kalderimi across ridges and through hill towns to summit ridge	3
CYC/Andr/ 11pan	View from Profitis Ilias summit				5
				total pages	61



Routes also available in GPS waypoint format, as kmz/kml files for Google Earth.

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