








Walking the Islands...Milos

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CYCL Milo 1INFO	Overview			About Milos, expanded version of Milos page & further reading	3
CYCL Milo 1U 	Bombardha Beacon	Adamas – Bombardha beacon, optional summit detour	1.5 Km on level, 30 mins	Stroll out along Langadha Bay past a couple of beaches to headland to view a small lighthouse, cave and another bay. Extension up to the summit	2
CYCL Milo 1PAN	View from Bombarda Hill			Panorama diagram for summit of Bombardha Hill	4
CYCL Milo 2 	The Old Capital, Catacombs and Theatre	Plaka- Profitis Ilias Tripiti- Klima- Catacombs	155m down and up over 3 Km, 1 hour	Loop walk around ruined ancient capital, Catacombs, theatre, spot where the A "Venus de Milo" was found, and optional climb to a hilltop chapel for a panoramic view	3
CYCL Milo 2PAN	View from Profitis Ilias Tripiti			Panorama diagram for hill near Klima	4
CYCL Milo 3	Pollonia Coastal Walkabout	Pollonia and nearby bays	Level walks of 1-2Km along the shore, less than 1 hour.	A walk around the shore of Pollonia to different aspect beaches and swimming places.	2
CYCL Milo 4U 	The Prophet on the Summit	Aghia Marina to Profitis Ilias summit	550m climb over 3.5 Km, 2½ hours	A steep climb to the island summit & chapel.	3
CYCL Milo 4D 	Profitis Ilias Descent	descent to Aghia Marina from Profitis Ilias summit	550m descent over 3.5 Km, 1¼ hours	A steep descent from the island summit	1
CYCL Milo 4PAN	View from Profitis Ilias summit			Panorama diagram for Profitis Ilias summit	4
CYCL Milo 5U 	Eroded Coast and Ancient Capital,	Pollonia to Mandrakia	250m up and down over 11 Km, 3½ hours	A walk along the eroded north coast to explore the combination of wind and sea erosion of the soft volcanic coast, with many bathing opportunities. Also visit the Mycenean former capital an important archaeological site.	3

 CYCL Milo 5D	Eroded Coast and Ancient Capital	Mandrakia to Pollonia	250m up and down over 11 Km, 3½ hours	A walk along the eroded north coast to explore the combination of wind and sea erosion of the soft volcanic coast, with many bathing opportunities. Also visit the Mycenaean former capital an important archaeological site.	3
 CYCL Milo 6	The Old Sulphur Mines	Zefyria to the Old Sulphur Mines, Theiafes Bay	250m up and down over 6.5 Km, clear path taking 2 hours, no water	A feast of geological and industrial treats in a deep seaward ravine.	3
 CYCL Milo 7D	Crater and Cliffs, Paleochori to Alyki	Paleochori Bay via Aghia Kyriaki to Alyki & airport	325m up and down over 11.5 Km, clear path taking 4 hours	Explore the Fyriplaka crater and 2 beaches, the second with geothermal vents and polychromatic rocks	2
 CYCL Milo 7U	Crater and Cliffs, Alyki to Paleochori	Alyki & airport to Aghia Kyriaki & Paleochori Bay	325m up and down over 11.5 Km, clear path taking 4 hours	Explore the Fyriplaka crater and 2 beaches, the second with geothermal vents and polychromatic rocks	2
 CYCL Milo 8D	The Eastern End, Paleochori to Pollonia	Paleochori Bay to Pollonia	485m up and down over 15.5Km, taking about 4½ hours	From Paleochori to Pollonia across the eastern end of Milos, revealing contrasting aspects of its land use, from farming to quarrying.	3
 CYCL Milo 8U	The Eastern End, Pollonia Paleochori	Pollonia to Paleochori Bay	485m up and down over 15.5Km, taking about 4½ hours	From Pollonia to Paleochori across the eastern end of Milos, revealing contrasting aspects of its land use, from farming to quarrying, ending at a volcanic beach	3
 CYCL Milo 9	The Hidden Cove of Kleftiko	Aghios Ioannis Monastery to Kleftiko	160m up and 240m down over 4 Km, clear path taking a little over an hour one way	A descent to a picturesque little cove of dazzling white eroded rocks and sparkling blue water, particularly good when the wind is in the north and the trip boats are harbour-bound. Starts near Aghios Ioannis Monastery,	2
 CYCL Milo 10	Akrotiri Radar Remains	Provatas to Akrotiri, near Kipos	150m up and 90m down over 3.5 Km, clear path taking around an hour, refreshments at seasonal tavernas at Provatas.	A coastal walk, mostly along a quiet tarmac road to a commanding viewpoint on the headland at one end of Provatas Bay and the chance to examine some WW2 German military remains, including a rusting radar scanner.	1

total 48

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