










Walking the Islands...Amorgos

Amorgos Pack Contents

ref	title	destinations	difficulty	description	pages
CYC/Amorg/Info	Amorgos Overview			expanded version of Island page with more detail about the island as a whole	3
CYC/Amorg/info	Amorgos Reading			book list, obviously	1
CYC Amorg 1 	Between Port and Old Town	Katapola - Chora	250m up and down over 3.5 Km approx 1¼ hours	Waymarked old stone roads between port to Chora	2
CYC Amorg 2u 	Ancient Minoa	Moundoulia and Ancient Minoa	250m climb over 1 Km 75 minutes	follow old route from port to former Chora and wander around classical hilltop ruins	1
CYC Amorg 3 	The Northern Circuit	Aeghiali - Langadha - Tholaria Circuit	350m climb and descent over 8 Km, minimum 4 hours	climb up from port to hill-town then horseshoe route above fertile valley with sea views	5
CYC/Amorg/4 	The Mills of Machos	Langadha - Ayios Stavros and the Mills and (optional) summit of Machos	520m climb over 2.5 Km, minimum 2 hours	climb up to crags above Langadha to rock chapel, shepherds' huts, ruined mills, summit and views along spine	2
CYC/Amorg/5 	Cape Pounda	Aeghiali -Tholaria via Cape Pounda	440m ascent over 4Km, taking 2 hours	from port to hill town via northern shore of bay and chapel	2
CYC/Amorg/6 	The Ravines	Kambos Stroumbos and Farangi Araklos	up to 250m climb of up to 3 Km up to 2 hours	explore gorge, ravine and sloping valley below Langadha	1
CYC/Amorg/7 	The Hidden Bay	Tholaria -Mikri Vlichadha- Ayios Dimitrios	320m descent and ascent over 3.6Km, 2 hours	down a rocky path to a pebbly cove then optional return via headland and new chapel	2
CYC/Amorg/8 	Shepherds' trails	Tholaria to Ayios Stefanos and Koutoulos	200m climb over 1.6 Km, fairly rough underfoot in later stages, 1 hour.	a steep climb via shepherds' huts and chapel to viewpoint northern summit and ridge	1
CYC/Amorg/9 	The Summit	Langadha - Ayios Yiannis Theologos - Stavros-Kroukelos	Depending on route, about 750m climb, over 5-7 Km, about 4 hours	Visit the tranquil Byzantine monastery of Yiannis Theologos then along a cliff path to a remote chapel then up to the summit for views along the island spine and far out to sea.	6

CYC/Amorg/9pan	summit panorama	Kroukelos		Diagram showing views from the summit	6
CYC/Amorg/10 	The Spine Route	Chora, Asfodilia, Potamos, Aeghiali Khosoviotissa, Profitis Ilias	530m climb, 820m descent over 13 Km, about 4½ hours. Waymarked Route 1.	famous and dramatic hike along spine following old route from Chora to northern port, with variants	4
CYC/Amorg 11 	Three Bays and the Old City	Katapola, Ancient Minoa, Lefkes, Aghia Thekli, Kamari, Kastri/Old Arkesini	540m climb, 315m descent over 6.8 Km. Approx 3 hours. Additional 290m up and down over 5 Km (2 hrs) to include Old Arkesini. Refreshments at each end and springs on the way. Waymarked Route 3	Combine swimming in secluded bays with exploring coast and farmland, rural chapels and the famous ancient citadel of Arkesini (Kastri)	3
CYC/Amorg 12 	The Minty Monastery	Katapola, Ancient Minoa, Stavros, St George Valsamitis	330m climb over 3.6 Km, 90 minutes. Water at each end. Partly waymarked Route 3	A climb up into the hills behind Katapola to a peaceful monastery in a verdant valley	2
CYC/Amorg 13 	The Big Blue			a walker's guide for film buffs or a film buff's guide for walkers	2
CYC/Amorg 14 	The Big Blue Diving Slabs	Chalara	About 300m descent over about 1.5Km, stream & springs at the end	Two routes down to the famed diving slabs on the inaccessible south coast	3
CYC/Amorg 15 	The Big Blue Shipwreck and Kalotaritissa Bay	Kolofana, Liveros Bay, Kalotaritissa	130m descent over 4.6Km, 1hour, refreshments each end	Walk from Kolofana down to the western tip of the islands for a sheltered sandy bay, a shipwreck, and boat trips to an islet.	1
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 Routes also available in GPS waypoint format, as kmz/kml files for Google Earth.



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