





Walking the Islands...Symi

REF: DODEC Symi CONTENTS LIST.doc

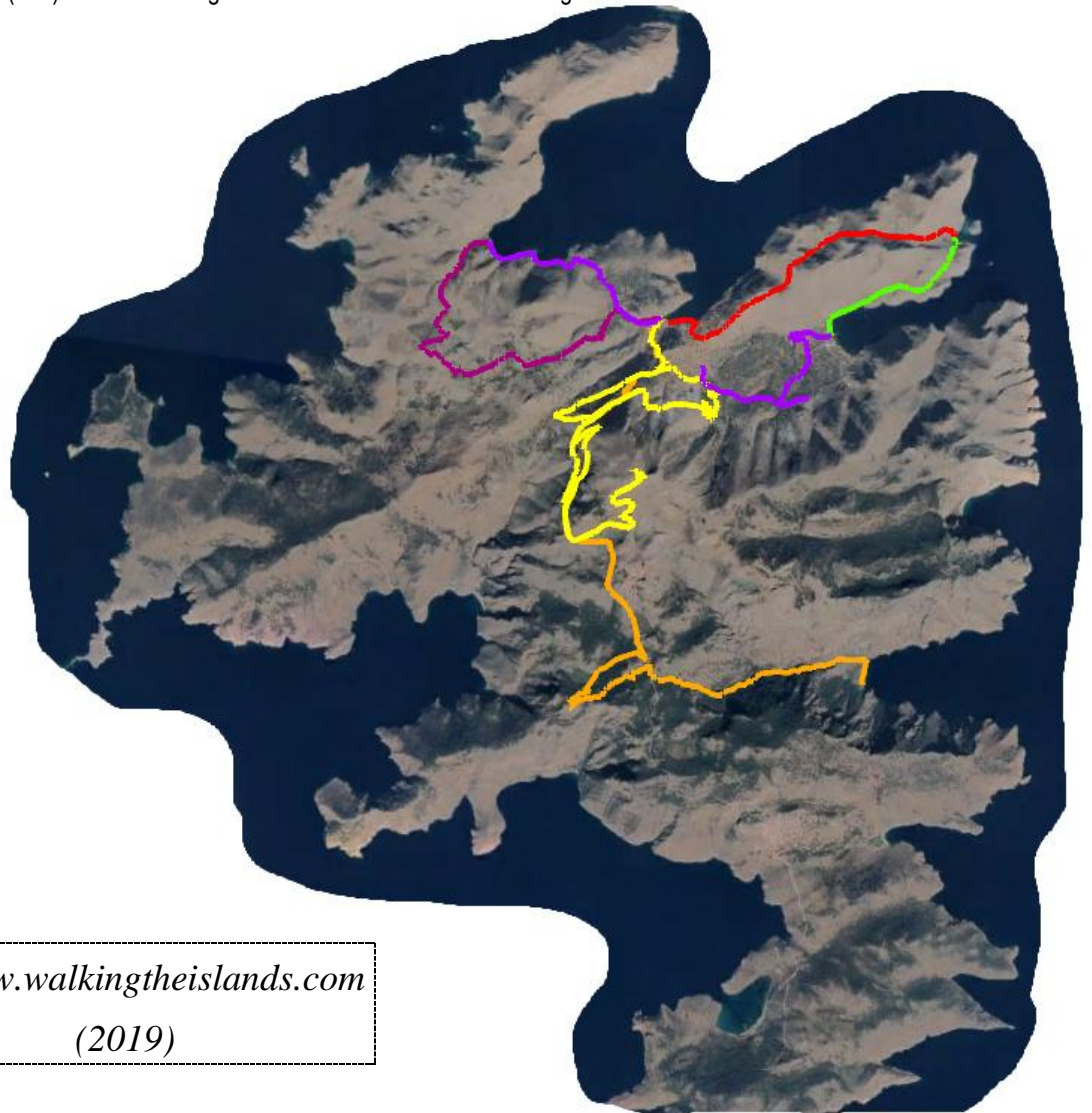
Symi Pack Contents

ref	title	destinations	difficulty	description	pages
DODEC Symi contents	Contents list				2
DODEC Symi info	Symi overview	General introduction to Symi, expanded version of our web page.		Expanded version of home page giving general information about the island.	6
DODEC Symi 1  -	St George's Path to Nimborio Bay	Yialos, Drakounda Hill and Nimborio	100m ascent and descent over 2.5 Km, about ¾ hour, refreshments both ends	Walk up across a wooded hill to a peaceful bay with several bathing spots and restrained facilities	2
DODEC Symi 2U  -	Ayia Marina, the Chapel on the Islet	Yialos, Chorio Windmills, Pondikokastro, Noulia, Ayia Marina	Total 200m ascent and descent over 4 Km, 1½ hours, refreshments at each end	Climb up the steps to the Chorio ridge, then up past the mills and ruins out to the tip of Noulia for a little bay, protected by an islet, and with a summer taverna.	2
DODEC Symi 2D  -	Ayia Marina to Chorio	Ayia Marina, Noulia, Pondikokastro, Windmills, Chorio Yialos	Total 200m ascent and descent over 4 Km, 1½ hours, refreshments at each end	Return to Chorio and Yialos via the Noulia ridge, ruins and mills.	2
DODEC Symi 3  -	Pedi to Ayia Marina	Pedi, Ayia Marina	Total 80m ascent and descent over 2 Km, about ¾ hour, refreshments at each end	A walk out to the headland north of Pedi to the islet and sheltered bay of Ayia Marina, from which one can walk back to Chora over Noulia (walk1D) or catch a seasonal dayboat back to town.	2
DODEC Symi 4  -	Pedi to Ayios Nikolaos Beach	Pedi, Ayios Nikolaos Beach	Total 50m ascent and descent over 1.5 Km, about ½hour	A walk along the right hand side of Pedi Bay to a small beach, with a few seasonal facilities and tamarisk shade.	2
DODEC Symi 5  -	Chorio to Pedi via the Dragon Houses	Chorio, Drakos, Pedi	80m climb and 160m descent over 3.2 Km, about 1 hour, refreshments at Pedi	Walk through the broad farmed Pedi valley to the beach via a ruined fortification.	2
DODEC Symi 6  -	Up to the Summit	Chorio, Xisos, Vigla	Total about 600m ascent over about 7Km, taking around 2½ hours, no water	Climb to the island's summit for distant views in all directions, either by the quiet tarmac road, or via a valley route using the old stone road and footpaths	3

DODEC Symi 6 pan	Vigla summit panorama			Panorama diagram showing views from around the summit	4
DODEC Symi 7 	The Central Hills and Nanou Bay	Chorio, Nimoraki Valley, Panaghia Stratieri, Nanou Bay	660 m ascent and descent over 8 Km, about 4½ hours, refreshments at each end.	Hike up the kalderimi from the port through the central hills, down a gorge to the popular beach at Nanou. 2.3 Km detour through the forest to hilltop chapels and viewpoints.	4
DODEC Symi 8 	Over the Hills to Nimborio	Yialos, Ag Fanourios, Kato Meria, Nimborio	250m ascent and descent over 5 Km, about 2 hours, no water. Parts of the route are rough and stony and aren't waymarked.	Up through livestock paddocks, over a spur passing a monastery and a number of chapels then down a rocky watercourse behind Nimborio.	2
(colours refer to map below)				total	33



KMZ files available (free) for downloading onto GPS device and/view on Google Earth.



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