



Walking the Islands...Kimolos

REF: CYCL Kim CONTENTS LIST.docx

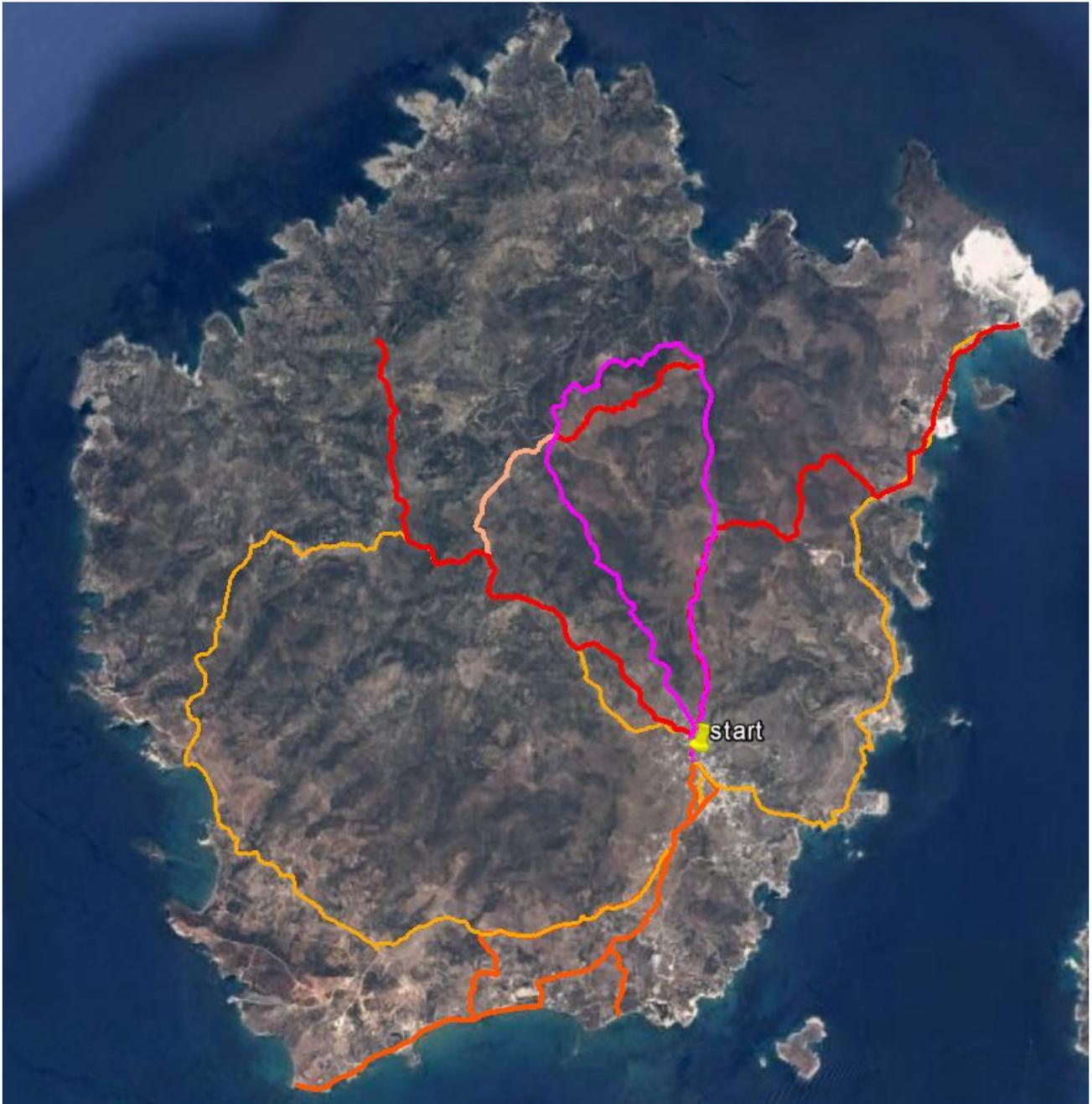
Contents of Kimolos pack

Ref	title	destinations	difficulty	description	pages
CYCL Kim 1 INFO	Overview & further reading			General introductory information on how to get there, where to stay, how to get about, and sources of further information.	4
CYCL Kim 1D 	South coast beaches and bays	Chorio, (Enias), Alyki, Bonatsa, Kalamitsa and Cape Polloni	110m descent over 4.8 Km on quiet roads and beaches, taking 1½ hours, water at occasional facilities	Along the south coast from the capital to the nearest point to Milos, passing a number of popular and secluded bays and beaches, and a salt marsh, visiting several country chapels. Off-road and secluded beach variants.	3
CYCL Kim 1U 	Back from the Southern Beaches to Chorio	Cape Polloni, Kalamitsa, Bonatsa, Alyki, Enias and Chorio	110m climb over 4.8 Km on quiet roads and beaches, taking 1½ hours, water at the occasional facilities	Back from the south coast to the capital passing a number of popular and secluded bays and beaches, and a salt marsh visiting several country chapels. Plus off road variant.	3
CYCL Kim 2D 	Coves along the East Coast	Chorio to Ghoupa, Aghios Nikolaos, Aghios Minas and Prasa	210m descent, 100m climb over 6.3 Km, mostly quiet tarmac road, 1¾ hours, water at seasonal cantinas.	Along the coves of the eastern coast to a bleached white bay with panoramic views to Polyai ghos, behind which Folegandros peeps out from some angles. Partly on Geo Walk 5	2
CYCL Kim 3D 	Over the Hills to Prasa	Chorio to Korakies, Livadaki and Prasa	210m descent, 130m climb over 6 Km on clear path, 2 hours, water at seasonal cantinas at Prasa	An alternative to the tarmac road this walk takes you through the central hills to the north-eastern coast. There are opportunities for a refreshing swim off the white rocks and sand of Prasa, or from Livadaki or Pighados, where there is a thermal spa. Partly on Geo Walk 5	2
CYCL Kim 4U 	Petalia Ascent	Chorio via valley-side to Petalia summit or circuit clockwise on balcony route	540m up and down (410 without summit) over 8.4 Km, much on well maintained donkey tracks, including some elevated balcony sections. 3+ hours, no water	A walk round Petalia, one of the trio of central hills of Kimolos, with views over the wilder northern shore and out towards Sifnos and Serifos. There's an optional <u>pathless</u> climb to the summit. There's varied rock scenery, and land use and much of the route is on cobbled tracks using	3

				multicoloured stones. Numerous hut remains and walling on the summit. Partly on Geo walk 5.	
<p>CYCL Kim 4D</p> 	Petalia Circuit	Chorio via farmed slopes to circuit anticlockwise round Petalia and return via Ksevri Valley side	410m up and down over 8.5 Km, much on well maintained donkey tracks, 3 hours, no water. Optional 4km detour down to a monastery on the northern coast.	A circuit of Petalia on an elevated balcony route, with views over the wilder northern shore and out towards Sifnos and Serifos. There's an optional descent to the sea at Panaghia Monasteriotissa There's varied rock scenery, and land use including mining remains. Much of the route is on cobbled tracks using multicoloured stones. Partly on Geo walk 5.	3
<p>CYCL Kim 5</p> 	Skiadi, the Great Stone Mushroom	Chorio to Kako Skali, Skiadi, Mavrospilia, Deka Bay, Aghios Andreas and back along an inland kalderimi above the south coast.	450m gain and loss over 13 Km, on (over-) signed paths and a few short road sections, 5 hours. No water	A day hike exploring the southern half of the island: farmed uplands and wind-eroded volcanic rock including the island's hallmark Skiadi, the Giant Stone Mushroom. Then down steeply to the western coast to a couple of bays. Finally back to Chorio via the inland kalderimi Partly on Geo Route 5	3
<p>CYCL Kim 6U</p> 	Paliokastro	Chorio to Kako Skali,	340m climb, 180m descent over 5 Km on clear path, well signposted, though the valley section may be wet and overgrown early in the year. 2 hours. No water	Follow a valley route out north west, then join the rough motor track for about three kilometres before branching off north to the eroded north western quarter. There's a close up view of the summit and dramatic gnarled rocks on the steep northern face. Optional descent marked on the map to the north coast at Aghioklima Bay, for thermal springs and sea caves. (not yet checked out).	2
CYCL Kim 4PAN	View from Petalia			Panorama diagram of view from Petalia summit	4
<p>CYCL Kim 7U</p> 	Link Route Sklavos and Petalia	Kako Skali to the six way junction below Petalia	1.3 Km more or less level, clear path, 15 mins, no water	A short link route for use with walks 4, 5 and 6, giving an alternative route to Chorio, following part of Geo Route 5. The balcony track rounds the head of the Ksevri Valley, on the slopes of Sklavos and takes in an unusual rock shelter and two chapels.	2



KMZ files available (free) for downloading onto GPS device and/view on Google Earth, coloured to match highlights in table above.



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