
















# Walking the Islands...Nisyros

REF: DODEC NIS CONTENTS LIST

## Nisyros Pack Contents

ref	title	destinations	difficulty	description	pages
DODEC/NIS/info	Overview				3
DODEC/NIS/bibliog	Further reading				1
DODEC NIS 1  	Volcanic Coast Beach Walk	Palli, Lies Beach, Pachia Ammos Beach	160m up and down over 5.8 Km. allow 1.5 hours. Occasional seasonal cantinas along the way.	A walk round the north eastern shore, from a fishing/yachting harbour along a long open beach then over a headland of soft volcanic rock to a secluded dark sand beach backed by dunes	2
DODEC NIS 2U  	Up to the Crater	Mandraki, Paleokastro, Stavros Monastery, Kailia crater rim, Nikia	700m climbing and 290m descent over 9 Km, allow 4½ hours, well marked throughout. Refreshments at both ends.	From the port, up past the ancient fortress , up farmed hillsides past chapels and the monastery of Stavros. Then past the opening of the crater rim and up through old terraces to Nikia.	3
DODEC NIS 2D  	Nikia to Mandraki via crater	Nikia, Kailia crater rim, Stavros Monastery, Paleokastro, Mandraki	700m climbing and 290m descent over 9 Km, allow 4½ hours, well marked throughout. Refreshments at both ends.	Round the crater rim and down to cross the opening of the crater rim then a climb between the island's summit massif and a spur hill. passing a monastery and several interesting old chapels. Finally down farmed lower slopes, past an ancient fortress and into the town	3
DODEC NIS 3  	Nikia to Avlaki Old Harbour	Nikia, Psarou Kella, Avlaki	420m down over 2.4 Km. minimum 45 min. Refreshments at Nikia only.	The direct way from hill town to old port down grazed slopes past ruined farms and terraces, a .well tended chapel and a little shrine. The disused harbour is a favourite swimming spot.	2
DODEC NIS 4  	Caldera Rim Walk	Nikia, Aghios Theologos, Parleta Medieval Castle,	A few downs and ups over 2.5 Km, taking about 1 hour and another ½ hour back to Nikia. The path could benefit from some clearing and clarifying in places	High level walk along caldera rim with views down to hydrothermal craters	3
DODEC NIS 5  	To the Summit Chapel	Profitis Ilias ascent	450m climb over 2.5Km, taking about 1 hour, no water	climb to the island summit from the road at Evangelistria Monastery	2

DODEC NIS 6	A ruined village and a natural sauna 	Profitis Ilias, Evangelistria, Nymfios, Emborio	610m descent, 260m climb over 5.7 Km, taking about 2½ hours, refreshments at the end	Down to Nymfios, a deserted monastery and ancient ruined settlement past wooded slopes and farmed terraces to the hill town of Emborio with its taverna, caldera view, and natural sauna.	2
DODEC NIS pan	View from the summit	View from Profitis Ilias		panorama diagram for island summit Profitis Ilias	4

Total = 25 pages



Includes KMZ file for downloading onto GPS device and/view on Google Earth



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