



# Walking the Islands...Amorgos

REF: CYCL Amorg CONTENTS LIST

## Amorgos Pack Contents

ref	title	destinations	difficulty	description	pages
CYC/Amorg/1Info	Amorgos Overview			expanded version of Island page with more detail about the island as a whole	3
CYC/Amorg/2Info	Amorgos bibliography			book list, obviously	1
CYC/Amorg/4Info	Amorgos The Big Blue			a walker's guide for film buffs or a film buff's guide for walkers	2
CYC/Amorg/1u	Up to the Old Town	Katopola - Chora	250m ascent over 4.5 Km approx 1 ¼ hours	1 alternative waymarked old stone roads from port to Chora	2
CYC/Amorg/1d	From Old Town to Port	Chora - Katopola	250m descent over 4.5 Km approx 45 min	2 alternative waymarked old stone roads from Chora to port	2
CYC/Amorg/2u	Ancient Minoa	Moundoulia and Ancient Minoa	250m climb over 2.5 Km 75 minutes	follow old route from port to former Chora and wander around classical hilltop ruins	1
CYC/Amorg/3u	Circular hill walk, clockwise	Aeghiali - Langadha - Tholaria Anticlockwise Circuit	350m climb and descent over 9 Km, minimum 4 hours	climb up from port to hill-town then horseshoe route above fertile valley with sea views	5
CYC/Amorg/3d	Circular hill walk, anticlockwise	Aeghiali - Tholaria - Langadha Clockwise Circula	350m climb and descent over 9 Km, minimum 4 hours	climb up from port to hill-town then horseshoe route above fertile valley with sea views	4
CYC/Amorg/4u	The Mills of Machos	Langadha - Ayios Stavros and the Mills on Mach	320m climb over 2.5 Km, minimum 1.5 hours	climb up to crags above Langadha to rock chapel, shepherds' huts, ruined mills and views along spine	2
CYC/Amorg/5u	Getting to the Point	Aeghiali -Tholaria via Cape Pounda	250m ascent over 4Km, taking 1½ hours	from port to hill town via northern shore of bay and chapel	2
CYC/Amorg/6u	The Ravines	Kambos Stroumbos and Farangi Araklos	up to 250m climb over up to 5 Km allow half day	explore gorge, ravine and sloping valley below Langadha	2
CYC/Amorg/7u	Hidden Bay	Tholaria -Mikri Vlichadha- Ayios Dimitrios	250m descent and ascent over 3.5 Km	down a rocky path to a pebbly cove then optional return via headland and new chapel	2

CYC/Amorg/8u	Shepherds trails	Tholaria to Ayios Stefanos and Koutoulos	220m ascent over 2.5 Km fairly rough underfoot in later stage	a steep climb via shepherds' huts and chapel to viewpoint northern summit and ridge	1
CYC/Amorg/9u	Byzantine Monastery	Langadha - Ayios Yiannis Theologos	250m climb over 4 Km, about 1 hour	a choice of hikes along old stone road to Byzantine monastery at valley head	3
CYC/Amorg/10u	Chapel on the Cliffs	Ayios Yiannis Theologos - Stavros	175m climb over 2.5 Km, about 45 minutes	add to 9U for dramatic walk to very remote chapel in the cliffs and part 2 of 3 for Kroukelos ascent	3
CYC/Amorg/11u	Ridge to the Summit	Stavros - Kroukelos	150m climb over 2 Km, about 30 minutes	straightforward finish (added to 9U and 10U) of climb to the top of the island and panoramic views	2
CYC/Amorg/12u	Gully to the Summit	Ayios Yiannis Theologos - Kroukelos (Gully Route)	320m climb over 1.5 Km, about 1¼ hours	direct steep scramble to island summit, scenically inferior to the route via Stavros but safer in poor conditions	2
CYC/Amorg/13u	Spine Route North	The Spine Route North from Chora to Aeghiali	300m or more climb and descent over 15 Km minimum 4 hours	famous and dramatic hike along spine following old route from Chora to northern port, with variants	5
CYC/Amorg/1pan	summit panorama	Kroukelos			6

total 50

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