

Pack Contents

ref	title	destinations	difficulty	description	pages
DODEC Tilos contents	Contents list				3
DODEC Tilos info	Overview	General introduction to Tilos, expanded version of our web page.		Expanded version of home page giving general information about the island.	4
DODEC Tilos 1	Livadia to Lethra Bay and Mikro Chorio	Livadia, Lethra Bay, Potamos, Mikro Chorio	470m ascent and descent over 8 Km, about 4 hours, spring at Potamos and seasonal evening bar at Mikro Chorio	A coastal walk from Livadia linking several secluded bays to Lethra Bay, a beach with a sea cave. Then inland up a fertile valley to the deserted village, Some signs and waymarks in places.	2
DODEC Tilos 2	Two Kastros and Dwarf Elephant Bones	Livadia, Mikro Chorio, Massaria, Megalo Chorio	360m ascent and 290m descent over 7.9 Km, water at each end and occasional springs on the way.	From the port of Livadia to the capital, Megalo Chorio, via the ruined village, Mikro Chorio. Then past another of the Byzantine castles and the cave in which the famous dwarf elephant bones were discovered.	3
DODEC Tilos 3	Livadia to Gera and Matzia	Livadia, Aghios Stefanos, Vagianou, Aghios Zacharias Bay Gera, Matzia (<i>Koutsoumbas</i>)	340m ascent and 200m descent over 6.4 Km, about 3 hours	Popular, well maintained route takes us along the shore of Livadia Bay, along the slopes above Aghios Zacharias Bay to the deserted village of Gera. Then to a viewpoint on the spine. Optional extension, to Koutsoumbas summit.	3
DODEC Tilos 4	Agriosykia Kastro Loop Walk	Livadia, Agriosykia Kastro, Gerontas, Masticha	To Kastro: 300m ascent over 3 Km, about 1¾ hours, no water Entire loop: 500m ascent and descent over 11.5Km, water at ¾ way round	Climb up to the Kastro on the spur of Gerontas and optional summit. Continue through the central hills via an abandoned settlement and down to the balcony path above Vlichada Bay.	2

DODEC Tilos 4 pan	Panorama from Gerontas Summit			Panorama diagram of view from Gerontas	3
DODEC Tilos 5	Across the Island to the Chapel of the Cross	Livadia, Perivolia, Stavros <i>Beach (&</i> <i>Kastro)</i>	250m ascent and descent over 3.2 Km, about 1 ³ / ₄ hours, no water	Walk up a steep wooded valley to cross the central ridge of the island at its narrowest point for a secluded south-facing rocky cove and Kastro above.	2
DODEC Tilos 6	Aghios Antonios Bay	Megalo Chorio, Aghios Antonios Beach, Milos, Plaka	130m descent over 1.5 Km, about ½ hour, refreshments both ends	A well maintained balcony path from the old town down to the little harbour, bar, taverna and beach, and o to further quiet bathing spots	2
DODEC Tilos 7	Megalo Chorio Kastro and Acropolis	Megalo Chorio & Castle of the Knights	Total 220m ascent over 1.2 Km, about ³ / ₄ hour	Straightforward, but steep and stony climb with interesting archaeology and an extensive view.	2
DODEC Tilos 8	Skafi Beach	Megalo Chorio & Skafi	70m ascent and 140m descent over 2.9 Km, about 1 hour	An easy walk through a farmed valley to a quiet north facing beach	1
DODEC Tilos 9	Round the Mountain	Milos Beach, (Panaghia Kamariani), Panteleimon monastery, Gremna Galati, Rista, Eristos	900m ascent and descent over 13 Km, about 6 hours, water at the monastery, a spring and refreshments at the end	A walk round the lonely western summit of Tilos, past Panteleimon Monastery, on a narrow mountain path through dramatic rock scenery to Eristos Beach for a well earned dip.	3
DODEC Tilos 10	Eristos Bay	Megalo Chorio, Cambos Valley, Eristos, Aghios Petros, Theridia Bay	90m descent over 3 Km, about ³ / ₄ hour, water at Eristos	A walk across the island to a long beach and some smaller secluded bays.	2
DODEC Tilos 11	Three Hillside Chapels	Megalo Chorio, Heliport, Ags. Panteleimon, Nikolaos,Taxiarchis	Total 190m ascent and descent over 5 Km, about 2 hours	Walk to three tiny chapels with fine wall paintings on the lower slopes of the mountain on which the Italian Observatory sits. Can be followed with a climb to the summit (not described)	2
(colours refer to map below)				total	34

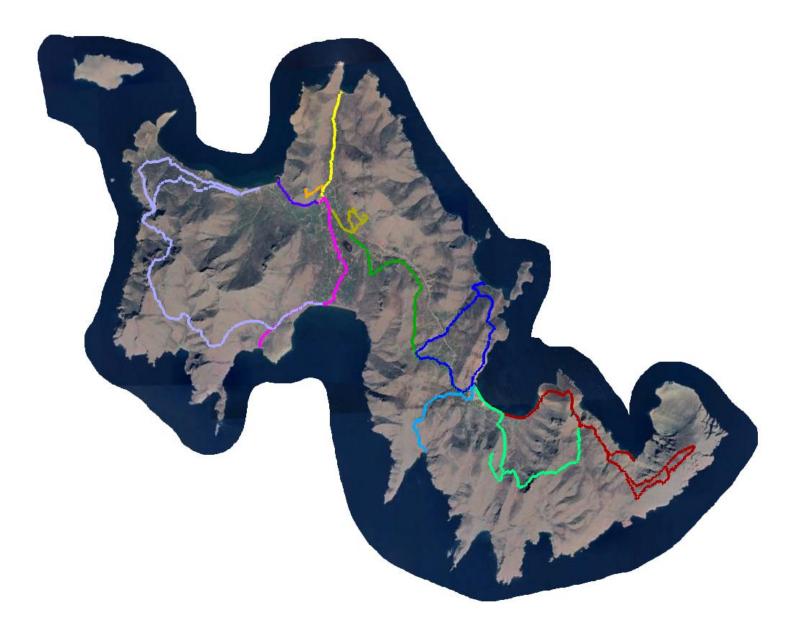


M:\DOCS\Wtl\SITE WORKING COPY\02 DODECANESE\TILOS\WORD\DODEC Tilos CONTENTS LIST.docx

KMZ files available (free) for downloading onto GPS device and/view on Google Earth.

© www.walkingtheislands.com (2019)

2/3



© www.walkingtheislands.com (2019)

M:\DOCS\Wtl\SITE WORKING COPY\02 DODECANESE\TILOS\WORD\DODEC Tilos CONTENTS LIST.docx