



Walking the Islands...Serifos

Contents of Serifos pack

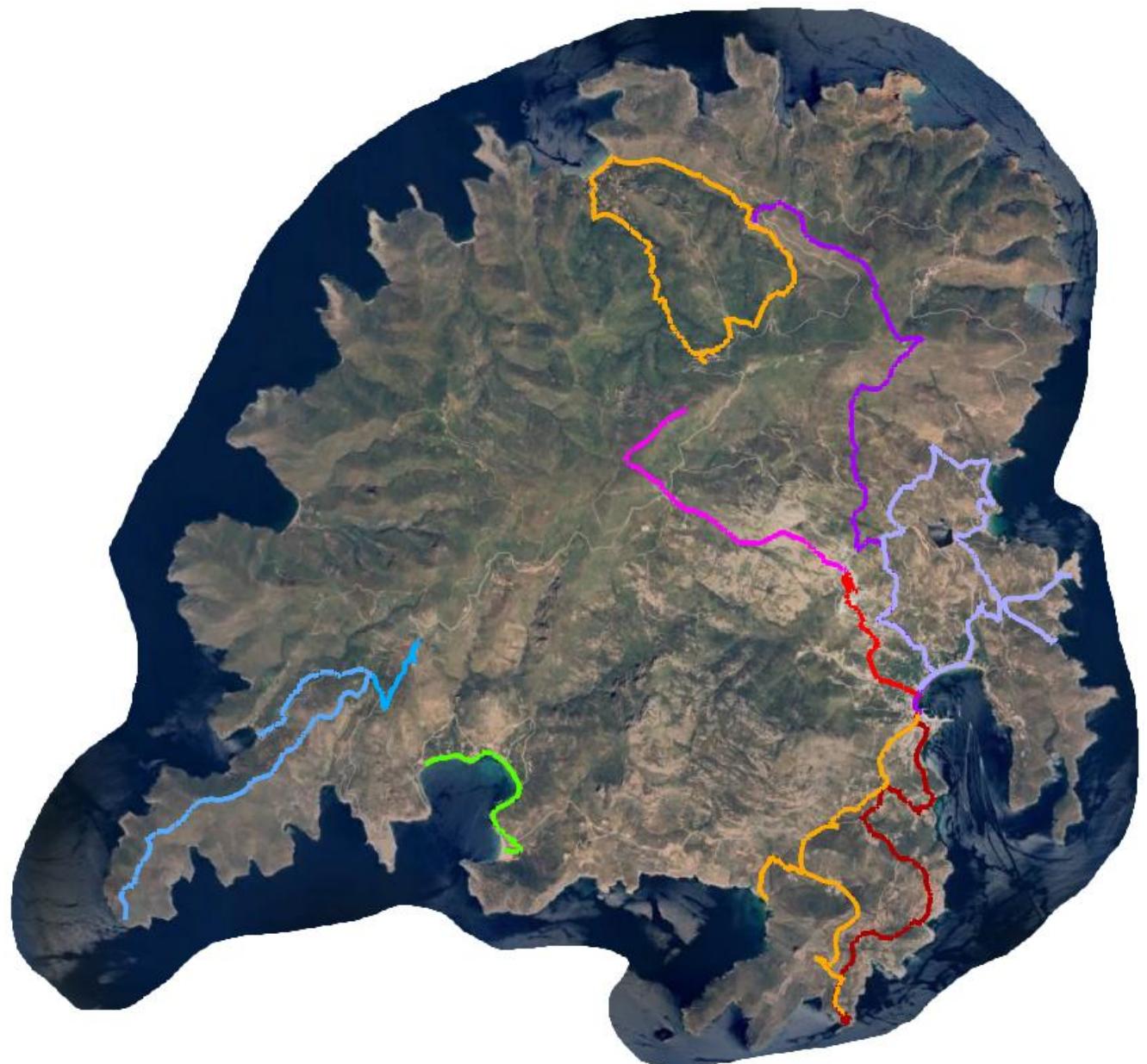
Ref	title	destinations	difficulty	description	pages
CYCL Serif OVERVIEW	Overview & further reading			General introductory information on how to get there, where to stay, how to get about, and sources of further information.	4
CYCL Serif 1 	Port to Chora	Livadi, Aghios Isidoros, Chora, Castro	280m climb over 2.5km, waymarked, water at each end. About 1 hour. Refreshments and water points at start and end	Old stone road linking port to Chora and Castro, with extensive views across the bay and out to sea.	2
CYCL 2 	The Miners' Path to the Summit	Chora, Gyftika, Troullos 583m	375m over 3.9Km, water at Gyftika, allow 2 hours	Engineered kalderimi across a sloping rock face for access to the upland area where mine workings used to abound. Clear but thin path up to the island summit for extensive views in all directions.	2
CYCL Serif 2 PAN	Summit Panorama of Troullos			Panorama diagram of view from Troullos summit	3
CYCL Serif 3 	Eastern Beaches	Livadi, Avlomonas, Lia, Aghios Sostis, Psili Ammos, Agianni Bay, Tsigouri,	400m up and down over 12.4 Km, tracks and clear path, numerous seasonal refreshment stops, 4½ hours walking time.	A circular walk linking a number of beaches and bays along the eastern shore and back along farmed slopes.	3
CYCL Serif 4U 	Cape Spathi Lighthouse	Livadi, Livadaki Beach, Karavi Beach, Rammos, Alevrakia Bay, Cape Spathi	315m up and down over 6.3Km, mostly clear path taking 2½ hours, drinking fountain in Rammos.	A coastal walk to a celebrated lighthouse, including beaches, verdant hillsides, arable land, bare rocky slopes, a fish farm, several beaches and bays and some desolate, gnarled, eroded cliffs.	3
CYCL Serif 4D 	Return from the Lighthouse	Cape Spathi, Kalo Ambeli Bay, Alonaki, Rammos, Livadi	390m up and down over 7.5 Km, clear path taking 3½ hours, drinking fountain in Rammos.	Inland route via secluded Kato Ambeli bay on the deserted south coast, then through farmland, mostly on track and quiet road.	2

CYCL Serif 5 	Across the Island from Galani	Galani, Taxiarches Monastery, Diasela, Vounaki, Kipi, Chora, Livadi	400m climb, 580m descent over 9Km, taking 3½ hours. Spring water at Palio Pigadhi	A north south traverse of the island, across the ridge then down eastern facing slopes above the reservoir to Chora and Livadi. Uses parts of waymarked routes 10 and 1, and generally easy to follow.	2
CYCL Serif 6 	Sikamia Bay	Panaghia, Sykamia Beach, Galani, Potamia	510m up and down over 8.3 Km, clear path taking 3½ hours, seasonal water at several points, Mostly waymarked, though some paths might be overgrown.	A circular walk from Panaghia, served by bus from Livadia and Chora, to a quiet beach with taverna on the north coast, via deep fertile valleys. Uses parts of Routes 5 and 6	2
CYCL Serif 7 	The Akrotiri Iron Mines	Megalo Livadi, Aspropyia, Mesa Akrotiri, Cyclops Cave, Trouli, Cape Kyklopas	170m climb over 4.4Km to Cyclops Throne & Cave; road, track and clear path taking 1½ hours, no water. Optional extensions to White Tower (100m up and down over 3.2Km) + water, and to Cape Kyklopas, (100m descent over 3Km)	Explore the south west corner of the island, a former mining area. From a little sheltered bay, climb the peninsula with mine workings, a monastery and an ancient tower. Optional 3.2Km detour to the Hellenistic White Tower, and to the wild tip of the peninsula	3
CYCL Serif 8 	Koutalas Bays and Beaches	Koutalas, Ganema, Vagia Bays	Easy 2.6Km stroll, with seasonal facilities	Coastal stroll along three sheltered beaches, serviced in summer.	1

total 27



KMZ files included



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