



# Walking the Islands...Kythnos

## 1 Beaches and Coves

To the north of the port of Merichas you can reach a series of coves and beaches, served by water taxis.

2.6 Km, mostly fairly clear paths taking 1 hour, no water

(Km)

- 0.0 Merichas, [37°23.41N 24°23.86E]  Walk out along the waterfront past ferry dock then up the road north from the harbour. Shortly take the path alongside a dry stone wall left, signed to Martinakia Bay through a stone arch and down some steps.
- 0.5 Martinakia Μαρτινακια Bay  [37°23.58N 24°23.90E] has sand and shingle, a swimming jetty, children's play area, some trees for shade and a seasonal bar. Take the scratchy path between dry stone walls up a small valley, passing a little shingle cove or just follow the tarmac road above if you prefer
- 0.9 At the tarmac road keep left past some holiday villas above Pethamenou Πεθαμενου, another little cove then keep left down a concrete road.
- 1.5 Episkopi Επισκοπη Bay  [37°24.00N 24°24.00E] has a few beds, trees and rooms. Looking along the coast, you can see the two islets, the first of which is nicknamed "The Lion" after its profile, the second of which, with the chapel is Aghios Lukas Αγιος Λυκαας joined to the mainland by the sandy spit of Kolona Κολωνα. Keep on thin path past the chapel of Aghios Blasi Αγιος Βλασι above the rocky shoreline. Or, if you prefer, take the track above the wall about 30m above sea level
- 2.1 [37°24.15N 24°23.82E] Pass another little cove, with a couple of caves. The path joins a track over the col, and a side path runs out to some ruined huts on the headland.
- 2.5 As you pass more sea caves and coves the path gets thinner through terraces about 15m above sea level. There are many walls and ruined huts in this goat herding area below Vriokastro Βριοκαστρο Hill.
- 2.6 [37°24.30N 24°23.55E] Two more small bays facing Lion Island which has a few caves. From the headland you can see on along the coast and climb up to Apokroussi Αποκρουσσι and Kolona Κολωνα.
- 4.1Km Apokrisi  [37°24.70N 24°23.85E] 5.8Km Kolona  [37°24.94N 24°22.97E]

Note:  means road access/ car park,  bus stop (seasonal)

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